

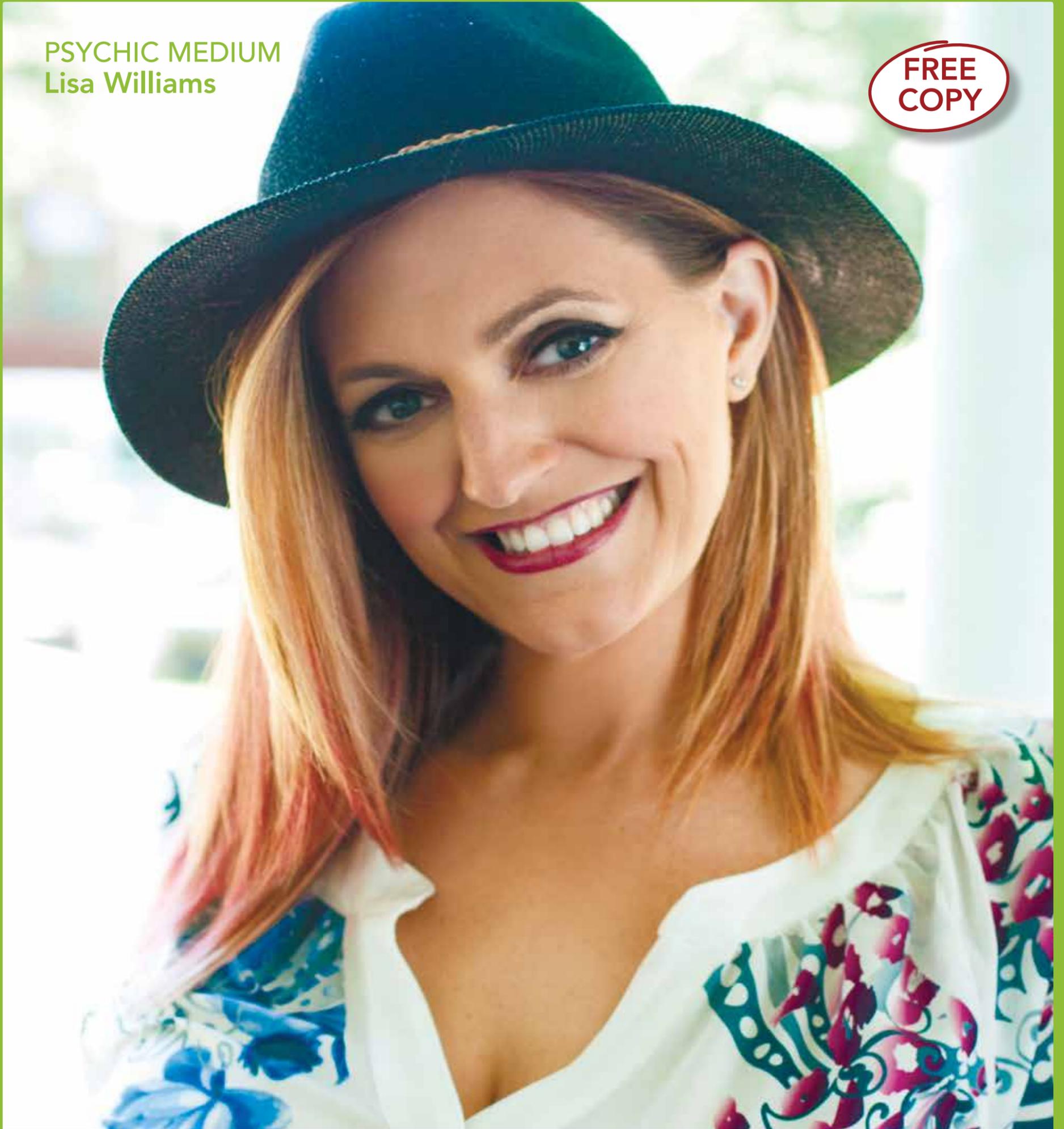


# An Alternative Voice

45TH EDITION ~ JANUARY/FEBRUARY 2017

PSYCHIC MEDIUM  
Lisa Williams

FREE  
COPY



The Beginning of a New Cycle | by Greg Riley  
Harmonising Yin and Yang to Realise Your Greatest Self | by Ken McLean  
Sacred Geometry and the Healing Deck | by Emily Kisvarda  
Win a Summer Reading Pack

## AN ALTERNATIVE VOICE

An Alternative Voice is your free, independent, community newspaper.

### EDITOR IN CHIEF

Maureen Barrass. Phone: (03) 9500 8220, maureen@alternativevoice.com.au www.alternativevoice.com.au

### ADVERTISING

Advertising Sales: Maureen Barrass - Phone: (03) 9500 8220. maureen@alternativevoice.com.au

### PHOTOGRAPHY

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### PRINTING

Latrobe Valley Express

### PUBLISHER

Sacred Mist, 67 Glenferrie Road, Malvern 3144. Phone: (03) 9500 8220

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# Welcome...

to the January/February 2017 issue of An Alternative Voice

Welcome to 2017!

We ended the year with a wonderful visit to my ancestral country of England. How exciting it was to reconnect with family and friends and visit and experience places both old and new. My journey began with an invitation to join the family to celebrate a 60th wedding anniversary of my brother and his wife, the exciting part was they had no idea, making me the big surprise. Even the Queen acknowledged their milestone with a beautiful gilded decorated gift of a photo and well wishes, quite another surprise for them. The most wonderful thing was seeing all of my family together that covered five generations.

I couldn't visit England and not visit the many historical and new places of interest, visiting places from my past and embracing the new. There were many highlights that I am sure those who have visited would recognise and love. From the north to the south over hill and dale, visiting many of the ancient standing stones scattered throughout the country, they are truly amazing. From Old Meg and her daughters to Castlerigg, the Roll Right stones in Oxfordshire and then onto Stonehenge and finally to my favourite, the stones at Avebury. Such a magical place where you can walk throughout the village and wind your way across roads and into paddocks touching and feeling the energy of the stones that circumnavigate the whole area.

A visit to Glastonbury was my first visit here and became a highlight for me. A personal achievement was to walk the Tor, an ancient hill where the old abbey sits above

with spectacular views of Glastonbury and beyond, I say an achievement as it took all my strength to reach the top. Visiting the Chalice Wells below the Tor was a very peaceful and beautiful place to rest, with its secluded meditation pockets throughout beautiful gardens enabling some time to reflect and take in the Avalonian energy and spirit of the place.

All good things must come to an end so for this journey I ended it with some special highlights of London. Another personal achievement was to go on The London Eye, quite something for me as I do not like heights, however it was another tick to the bucket list. Since arriving back I knew this wouldn't be the last time I visit my homeland and with another year ending it is important to think about your dreams, be it to travel or something important for you to achieve.

As we start the beginning of another year we ask ourselves what will our future hold. One could say that it can be whatever we choose it to be. Ask yourselves the question, what do you want to achieve in the coming year? And what do you want 2017 to be for you? Our future is what we make it.

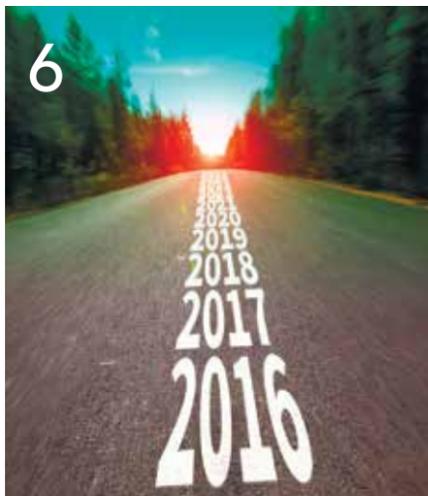
From all at An Alternative Voice.

*"Welcome this New Year of opportunity with courage, strength and determination"*

Maureen Barrass  
Editor in Chief



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## 6. Sacred Geometry and the Healing Deck Emily Kisvarda

The Phoenix Gateway Sacred Geometry Healing Cards are bringing about a whole new concept and meaning, not only to reading as an oracle deck but to use these high vibrational frequency cards as tools in working toward healing yourself and others, as well as create your own energetic essence.



## 7. In Action or Avoiding Lin Walden

Are you taking action, moving forward or waiting for something? Are you living deliberately? Have you ever wanted something, had a dream, had your heart stirred by your inspiration and then not taken action to achieve it? Is there something missing?.

## 8. Book Reviews Includes reviews of the following books:- Crystal Reflections 2017 Diary Adam Barralet

Moonchild  
Melanie Ockwell

Harmony is Success  
Ken McLean



## 9. Crystals - Key to Advancement and Evolution is Love Adam Barralet

In the past 24 hours I've seen a lot of anger, frustration and upset with the outcome of the US elections. People have wondered, "How could be so many people be so stupid?" In fact, it is that attitude that has got us to where we are at this time. Much of the American people were angry, frustrated and upset and in response elected Donald Trump as their 45th President. His voters feel the same as you are feeling, so who are we to condone them?

## 9. WIN a Summer Reading Pack

No summer would be complete without some books to enlighten and inspire you. We are giving away a set of 3 books. Here's what you can win.



## 11. Harmonising Yin and Yang to Realise Your Greatest Self Ken McLean

Yin and Yang are everywhere. The Oneness of the Universe expresses through these two opposite qualities - harmony is the art of balance. Yang is a contracting, hardening, tightening energy. The word to describe this is centripetal like a spiralling in motion. Whereas Yin is an expanding, softening, weakening force - a centrifugal spiralling out motion. All things are Yang at the centre and Yin on the periphery.

## 12. Learn Astrology with Maureen Lesson 7: The Inner Planets and their influences in your birth chart.

The Sun, Moon, Mercury, Venus and Mars are the inner planets. The Sun and the Moon are technically not planets but in astrology they are classified as planets.

# THE WAY OF THE PSYCHIC MEDIUM — Lisa Williams' story



## ABOUT LISA WILLIAMS

Lisa Williams is an internationally acclaimed medium and clairvoyant with an amazing ability to communicate with loved ones and friends who have passed on to the Other Side. Born in Birmingham, England, she now lives in California with her son Charlie. Well-known for her TV show *Lisa Williams: Voice from the Other Side*, she is the author of bestselling books, *The Survival of the Soul and Life among the Dead* as well as the *Intuitive Soul Oracle Cards* designed to help us develop our own intuitive gifts. Lisa has appeared on *Keeping up with the Kardashians*, *Oprah*, *The Ricky Lake Show*, *Good Morning America*, *Larry King Live* and *Jimmy Kimmel Live*. She travels around the world where she interacts with large live audiences demonstrating her powerful gift. For more information, visit Lisa here: [www.lisawilliams.com](http://www.lisawilliams.com)

My name is Lisa Williams, and I have been working as a psychic medium for over twenty years. I never planned to work as a medium. I mean, think about it: in the '80s, having a career as a medium was never heard of. If I had gone to my teachers and said, "I want to speak to dead people for a career," I would have been carted off to the nearest mental institute. In fact, there were times that my mother would joke about the men in white coats coming to get me. I thought she was serious, and I grew up thinking that I was a little weird and hiding my ability.

I was lucky to have a friend who thought my weirdness was cool. She was always asking questions about it, so I started to feel more comfortable; but as friends do, we drifted apart, and I had a new circle of friends, so I went back into the closet. I still had a growing intuition, but I curbed it and didn't say anything. I just found that I "knew" things, and I couldn't really explain it. I was actually quite shy growing up, and I found that I conformed with society about what I believed I should be like. It was easy. I fit the mould, and I didn't say anything...many people would call that being a sheep and following the crowd.

Does this sound familiar to your story? It probably does. Well let me tell you: you are normal. Just because you have this gift doesn't mean that you have to hide it. For years I hid from it. I even hid it from my own parents for a while. For most of my life, my father has been a huge sceptic, and I remember the time when I had been working as a psychic medium for a while and he asked me when I was going to get a "proper job." He was an atheist and couldn't wrap his head around the concept that our soul continues to live on

when our body dies.

When I finally decided to come out as a medium, it was accepted and most people had a fascination about it. It was "cool" to have this gift. I grew up in the United Kingdom and so we never showed emotions, never went to therapy, and we never said we loved each other. It was a very different world to what we live in now. Going to a psychic or a medium was better than going to a therapist in the United Kingdom. When you went to the therapist you were admitting that you had a problem, it was a sign of weakness. Now it's considered a gift to be aware of your challenges, and it is actually character building.

I finally surrendered to my gift after my friend helped me see that I wasn't crazy and that I actually could help others. The rest is history. What I would have benefited from, though, in those early years was some structure, discipline, and understanding. Even though my grandmother worked as a medium she died before I started, and so I didn't have anyone really to talk to. The only thing that she said to me was: "Always trust your gut instincts. It will never let you down." That is something I live by, and I will suggest that you do, too.

Through my work, I have been guided by Spirit, which has shown me the way forward to work with my gift. I have built my gift on discipline and respect, which is something that I will enforce within you. I have developed the skill of delivering a message, as well as enhancing and fine-tuning my gift. These are things that I will help you with.



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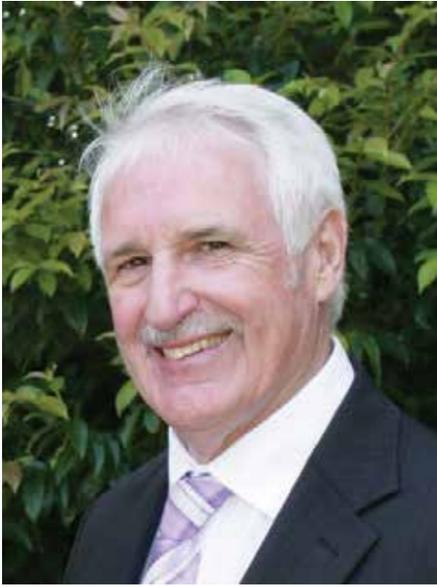
### Bush Essences Introductory Course

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- Date:** Saturday 11<sup>th</sup> and Sunday 12<sup>th</sup> February, 2017
- Time:** Start: Registration 9.15 for 9.30am. Finish: 6.00pm
- Cost:** \$333 Early Bird Special if paid by - Friday 27<sup>th</sup> January \$395 thereafter; or contact Alison re Concessions
- Contact:** **Alison Lovett:** M 0418 540 789, [alisonlovet22@gmail.com](mailto:alisonlovet22@gmail.com)

Alison is a **Holistic Counsellor**; MACA Level 2, Reg. No. 7007 & Vic Counsellors, Bach and Australian Bush Flower Essences Practitioner and Certified Teacher. Alison's Counselling Consultations may also include a Genogram, Numerology, Insight Card Readings, Crystals, Aromatherapy, Pellowah Healing, Usui Reiki. For further information or a 10 minute complementary chat - **phone Alison**

*"Health depends on being in harmony with our souls."*



Max Coppa is Australia's leading expert in Palmistry, Numerology & Dream Interpretation with over 35 years' experience. Max's inspiring and practical approach brings palmistry and numerology in to the 21st century and makes it accessible to all.

# Palmistry & Numerology

by Max Coppa

On my journeys of teaching palmistry & numerology in Asia (Hong Kong, Singapore & Japan) a common thread stands out. We are all naturally intuitive and we want to know more about the things we can't see, feel or touch. Thankfully languages and cultural differences hold no barriers to the unknown. In this modern day and age we have become too logical and left-brained, often discounting our intuition or putting it aside completely. We are taught and conditioned a certain way that often limits our creativity and intuitive insight. Many people don't trust their intuition until after the event when it's too late. Striking a healthy balance between our logical and intuitive side is by far the best and most empowered way to conduct our lives. When you learn to trust and use your intuition you will see the world in a brand new light and will be able to navigate the path ahead with more confidence.

I teach palmistry, numerology & intuitive skills to people in Japan and I love to see their faces light up when what I've shown them makes sense. When someone is able to better understand themselves, how they think and how they do things in their life it is a wonderful thing. Palmistry is practiced all over Asia but for the most part it is still seen as fortune telling, rather than being a clear map of your past, present & future which can enhance, empower and guide you. Their style of numerology is close to ours which helps us in exchanging ideas and knowledge more readily. I spend a lot of time overseas focusing on spiritual coaching and counselling which is important for us all and is such an enjoyable part of my work.

So if you want to know more about the secrets contained within the palms of your hands or what your numbers really mean then come and learn and I'll show you. Your hands, lines and numbers are an accurate reflection of your life and are a unique map of your path; you've just got to learn what they mean and how to interpret them. In a palmistry or numerology workshop with me you will learn a great many things that can't readily be found in books. You'll draw from over 40 years of experience and will walk away with answers and practical tools you can begin using immediately. Everything in life is measured and calculated ie. Water, air, building, travel, money etc. and once you crack the hidden codes of numbers the way you look at life changes forever.

The best thing is that it is easy to learn and you don't need to be a mathematician to use it. With palmistry, the lines and markings on your hand are completely unique to you and no other person has the exact same lines or markings as you. Learning to unravel the mysteries in your hands helps you to better understand yourself and what you are here to do in this life. In just one day per subject (palmistry & numerology) your thinking will change for the better and you'll see things more clearly. For example just by looking at your fingers alone it can tell you about a person's work, love life, money, creativity, personality etc. The numbers will also quickly show if someone is faithful, intelligent, romantic, are they good with finances, do they have addictions and much more. It's only one day of your life so invest in yourself and your future! [www.maxcoppa.com](http://www.maxcoppa.com)

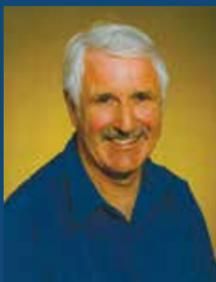
“... the lines and markings on your hand are completely unique to you and no other person has the exact same lines or markings as you.”

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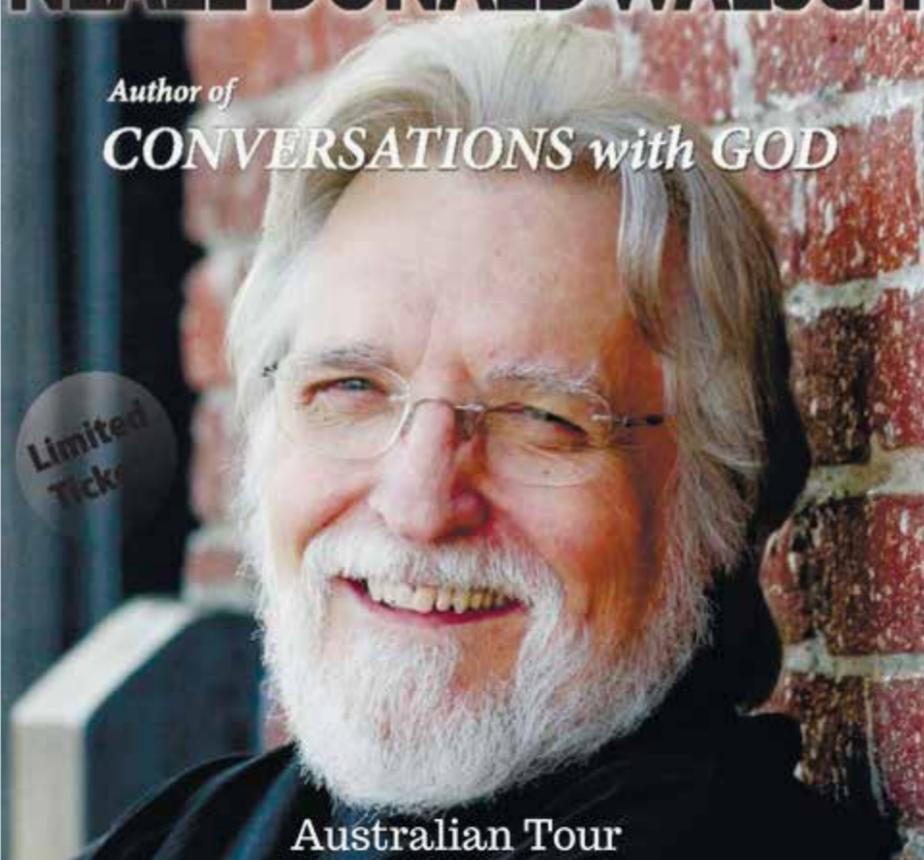
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STEPHEN M. HILL

CEO and Founder of Behavioural Hypnosis which is based in Melbourne Australia with strong ties to the Americas. He has developed Behavioural Hypnosis over his 38 years of personal use and industry involvement. Author of *Concise Mind Control A Manual*, *Behavioural Hypnosis How to Hypnotise Anyone* (available 2017) and several articles on Hypnosis, Mind Control Techniques, Curing Psychosomatic illness with Psychosomatic Therapies, Placebos in Treatment and Distraction Methods.

[www.behaviouralhypnosis.com](http://www.behaviouralhypnosis.com)

To make an appointment or assessment email: [kathryn@BehaviouralHypnosis.com](mailto:kathryn@BehaviouralHypnosis.com)

Behavioural Hypnosis is about... Human Potential and Joy.

Making school and work enjoyable, breathing life into relationships and discovering those fantastic moments in life that take your breath away...

Enlightenment, Mindfulness and Wellbeing all encompass enormous concepts, however they are all within you. Your keys to life are closer than you may have ever realised "Chance favours the prepared mind" and it all starts with you. This is an ethical system for those that want to make positive changes in their lives and are interested only in positive results! When you eliminate the negatives from your life you discover the life you want to live! "Intelligence begets Wisdom and Imagination is the pathway to everything."

Behavioural Hypnosis is not a panacea for everything that ails people, their relationships or the businesses they run or work in. However Behavioural Hypnosis certainly is way ahead of the vast selection of "alternative" options, shams or over prescribed medicines on offer and the best part... its drug free! It is not an alternative therapy but a collection of well researched techniques based in science to achieve specific results.

At last count in Australia: Excessive alcohol consumption is the cause of up to 81,000 hospitalisations annually. Around ten per cent of Australians (230,000) have or have had a drug addiction problem, excluding alcohol. You can add Smokers and Caffeine to this if you wish. 80% of the population have stress related ailments, 60% are 10 to 50 lbs (4.5 to 22.6kgs)

over weight and is on the increase and 70% suffer from sleep disorders. Miscellaneous addictions such as gambling, on line gaming sex, shopping, technology, such as smart phones, celebrity, etc. are all on the increase.

Fears & Phobias such as Arachnophobia, the fear of spiders, Atychiphobia, fear of failure, Claustrophobia, fear of enclosed spaces, Bacteriophobia, fear of germs, Monophobia Autophobia, Isola phobia, fear of being alone. These fears, as with all fears, significantly effects the quality of life. It can cause a panic attack, keep you apart from loved ones and friends, and can cause total havoc with your life. However the flip side of this fear is that you are vulnerable to anyone showing interest in you. You make poor choices in an effort to build a personal relationship and can be placed in real danger financially and physically.

In addition to effecting real change in the above mentioned areas, Behavioural Hypnosis can empower almost everyone to enhance their own lives while respecting the lives of others through hypnosis, philosophy and metaphysics. Why Behavioural Hypnosis? People are influenced through mind control techniques and these are used extensively in marketing, politics, religion and business.

The overriding reason I believe in hypnosis are three fold yet connected...

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*Greg Riley*

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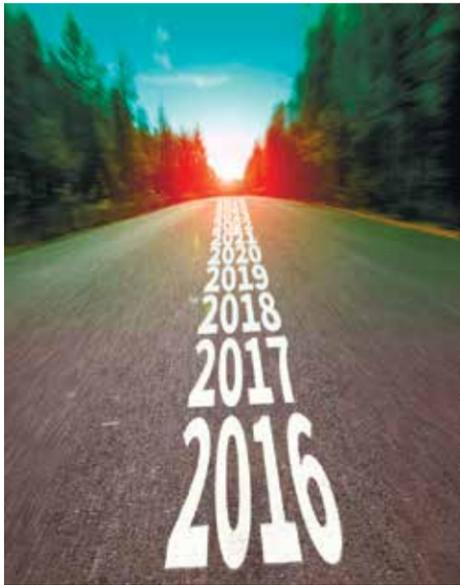
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# The Beginning of a New Cycle



BY GREG RILEY ©

Greg can be contacted through his website  
[www.gregriley.com.au](http://www.gregriley.com.au)

“...it's a year where roadblocks will disappear and nothing will stand in your way.”

2016.....well a lot of people will be glad to see the end of this year. Numerically 2016 was a “9” year. A year of a lot of endings. It's a year universally where things that do not serve you will be removed from your life and if you have not done this yourself then the universe will remove them for you. So for a lot of people it's good bye to 2016.

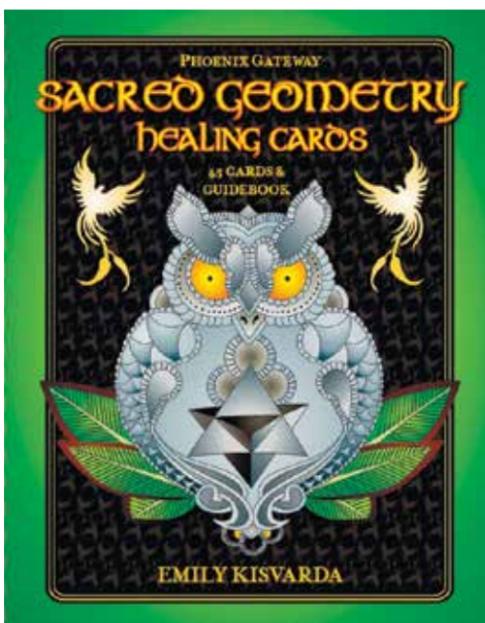
When we look more about the energy of the “9” year it is actually not something to be feared. It's a bit like the tower card in the tarot deck. People freak out when the tower comes up but it is usually for a purpose and a good purpose. The “9” year also represent the end of a cycle as well, so in reality if there are things that are not serving you, such as your living arrangements, relationships, jobs etc. then letting go of these in a 9 year is actually very productive.

If you look at the year as a whole and if it has been hard and difficult then it's the universe telling you to let go of what does not serve you, you do not need it. Like with a lot of things if you want change you need to create the space and also shift the energy. A lot of good can't come your way if you hold onto things that do not serve you so a “9” year is about being brave and creating the space needed. The only drawback is that there usually is a lot of emotional upheaval. Be brave and try to embrace the change, change can be hard but it's how we grow.....nothing ever stays the same.

The good news is that 2017 heralds in a new energy and

a new cycle. 2017 is a 1 year. A very positive year to start something new. These are years where the universe is saying to you go for it. Start the new job or relationship, start a new business, whatever you want in reality. It's a year of leadership but also a focus on you individually..... yes it is all about you this year. The “1” energy is a very powerful force; it represents a very primal energy. It's all about achieving and doing, it's a year where roadblocks will disappear and nothing will stand in your way. Just be careful though that what you see as determination, passion, drive, ambition is not misrepresented as aggression, arrogance, etc. There is a fine line that you can tip over the edge into the negative energies of the “1”.

All of us should look forward to next year as it is a year of transformation. The world on a global scale will go through transformation as well. Again 2016 was a year to get rid of the things not serving us. I think we have all seen globally what has fallen away. There may be some rather large change in international politics but the “old” establishment has been given a big wakeup call in 2016. The BREXIT and Trump events have shown that globally we are fed up with what does not serve us, and that is politicians that only look after themselves and not the people. They forgot that they were “elected by the people for the people.” Expect to see a bit more turmoil in the global markets and international politics while the energies adjust and those of a lower vibration try to hang on. But for us personally there is nothing stopping us. The path will become clear, you just have to make the decision and step onto it.



BY EMILY KISVARDA

[www.phoenixgateway.com.au](http://www.phoenixgateway.com.au)  
[emily@phoenixgateway.com.au](mailto:emily@phoenixgateway.com.au)

“ Everything is energy and through our perception and intention, we can create the most amazing healing tools available.”

## SACRED GEOMETRY AND THE HEALING DECK

“If you change the way you look at things, you will change the way you see”.

WAYNE DYER.

The Phoenix Gateway Sacred Geometry Healing Cards are bringing about a whole new concept and meaning, not only to reading as an oracle deck but to use these high vibrational frequency cards as tools in working toward healing yourself and others, as well as create your own energetic essence. Use this deck also to create beautiful grids which can be placed on an altar, in the love or wealth corner of your home. You may want to use to work with healing childhood issues or maybe on grounding and anchoring yourself. The possibilities are many and as you start to work with and understand the concepts of this card deck, it will become clearer to why I have developed them.

Everything in the universe is moving, living energy, which vibrates to a particular frequency be it plant, animal, human or gemstone. Even a solid floor or concrete slab is energy but to the naked eye we don't perceive these as being a form of energy but if we look at a microscopic level, you will see that everything moves from subatomic to atomic and from the microcosm to the macrocosm. It is there. It is not being created but is being moulded.

Energy can remain stagnant or can be changed. Light, sound and frequency, are all variables which will change the way in which energy will move. As our bodies are over 70% water, energetically, we can remould our bodies at a cellular level to create healing on all levels. That is mentally, physically, emotionally and spiritually. This has been proven through the work of Masaru Emoto. He showed that by adding specific frequencies to water and then freezing them, you can say how different energies affect

the molecules within. Examples are – sending love or hate to water, taking samples of water from polluted as well as clean water ways.

I have been asked before how my templates or grids work. This is my answer.

**The synergy of divine energy, frequency and vibration, create a musical harmonic that our soul recognises and absorbs, creating a master template to help expand our awakening.**

By placing together different synergies of energies, we are ultimately creating a musical harmonic by placing together the likes of sacred geometry, crystals, plant, animal or anything you ultimately want to include. Everything is energy and through our perception and intention, we can create the most amazing healing tools available. Sacred Geometry is the building blocks of all creation. It is seen within our maths, sciences, arts and architecture. It is everything from the microcosm – cells, atoms, snowflakes, pinecones, shells, humans, crystals all the way to the macrocosm – solar system, weather patterns and the galactic core. We can see it with the visible eye within these patterns. It is used within our technology – from watches and cars to the silicon chip crystal that holds millions of stored data.

Geometry stores memory and given that our bodies are made up of these geometries, we are capable of changing the memory patterns to restore our w-holistic self to optimal balance and harmony.

An excellent deck for both beginners and those who have an understanding of sacred geometry.

# In Action or Avoiding



By Lin Walden. Lin is a licensed Avatar Master and can be contacted on 0407 495 392 or email [linw@avatarpacific.com](mailto:linw@avatarpacific.com)

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Are you taking action, moving forward or waiting for something? Are you living deliberately?

Have you ever wanted something, had a dream, had your heart stirred by your inspiration and then not taken action to achieve it? Is there something missing?

I recall several years ago I experienced a blinding moment of clarity when I connected with a lifelong pattern. I was waiting, this was a familiar feeling. I waited for permission, for approval from others before acting.

On reflection the times when I acted on my intuition and followed my heart were empowering of myself and others. At 12 years old I had observed the stress of financial hardship and created the belief that I would be financially independent. It gave me the courage to persevere through the challenges that came up for me around that decision. I had many opportunities to reassess what my priorities were along the way. Deciding what was really important for the long term achievement was helpful as life and living threw up other options along the way. I grew stronger and strengthened my resolve to do whatever it took to achieve my goal. I learned to manage money, use it to systematically reduce my housing loan debt and feel free of the restraints of operating from lack. Staying true to that dream and taking actions to stay on track was empowering.

At 21 I had an amazing opportunity to go to Papua New Guinea to stay with friends working there. I sought approval from my partner. I waited for permission to act. I let that opportunity pass, I felt disappointed and underneath my

compliance, was resentment and anger. I felt torn and uneasy about what I had allowed to happen through my lack of courage in standing up for what I knew in my heart, I really wanted. I was without the tools to handle the interaction and negotiations necessary to resolve that conflict within myself. Looking back now with interest, at that time that I was unwilling to open my heart to either myself or my partner.

Many years later, being torn and withdrawing from conflict were key triggers which drew me to the Avatar® course. I recognised avoiding facing issues and facing conflict as familiar. Materially, I had everything I needed. That goal had been realised. This next step was vital.

Internal distress, a whirlpool of thoughts and indecision were the source of my unhappiness. I decided to take a leap of faith and went for my goal of achieving an inner peace and the courage to show up for others, beyond what I had thought I was capable of achieving. I decided and acted on my intuitive sense of knowing what was right for me. It turned everything around in ways which have been truly amazing.

'Living deliberately is looking and thinking for yourself. It is operating rationally, according to your own aware will. It is assuming personal responsibility for your diet, addictions, actions, and mental processes. It is taking your life back.'

From The Avatar Path 2: Private Lessons. By Harry Palmer.

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"The thing we have to solve is how to make care and compassion more valuable than self-importance and impermanent things. The ultimate solution is broadly awakening the enlightened mind of spiritual consciousness."  
— from a talk by Harry Palmer, author of the Avatar materials.

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"Channelled messages from Kwan Yin"

## Card Reviews

### ANGEL READING CARDS

Debbie Malone



Debbie Malone is a well-respected and highly gifted psychic medium who has brought together her gifts and abilities to create this divinely inspired Angel Reading Cards. These gentle, uplifting cards give accurate guidance. In the introduction, Malone encourages the reader to let go of any preconceived ideas about naming and labelling the angel and just opening up to invoke the angel for your specific purpose. Working with the angels and the cards in this way can give you a different perspective which can be more freeing and allow the energy to flow through you and within you.

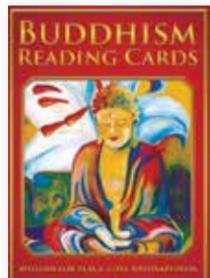
Malone has covered various areas of life including travel, love, money, as well as addressing the core deeper issues of inner contentment and peace. If you have never worked with the Angelic realm before, this could be the deck to help strengthen your connection. For the more advanced practitioner this deck offers you the chance to connect to a deeper level of support and guidance.

Numerous spreads are offered to help direct your focus and attention. The artwork is colourful and inviting. Enjoy playing with these divine cards.

### BUDDHISM READING CARDS

Sofan Chan

These powerful cards connect you to the deep practise of Buddhism, giving a spiritual framework to the concepts we use on a daily basis, such as positive thinking and letting go. These cards give an introduction and provide easy access to the fundamentals of Buddhist teachings.



These cards shine new light on situations and your understanding of life. There are four different sections to the cards- Truth, Purity, Contemplation, and Cultivation. Truth draws on the Four Noble Truths, Purity presents the fundamental principles of the Noble Eightfold Path, Contemplation presents the Eight Fundamental

Realisations in the dharma and the Cultivation cards consist of Seven Factors of Enlightenment and other valued virtues.

These cards are useful for everybody but would also be a great tool for a yoga practitioner, meditator or anyone who wants to develop their interest in Buddhism. It helps to explain in a practical way how to work with the many ideas of Buddhism.

The artworks are elegantly designed by Chan who is world renowned artist and the colours vibrate off the cards. There are also beautiful quotes from many of our well known spiritual teachers including Buddha, the Dalai Lama and JR Tolkien. A daily practice of meditation is suggested towards the end and an example of mindfulness is given.

These cards encourage the reader to look at the nature of their mind, detach from emotions and learn how to truly be in the moment-to cultivate the Buddha mind.

### THE LOVE PACK

Chuck Spezzano

The Love Pack comprises of a book and 84 cards that are divided up into four sections-Healing, Luck, Grace and Problem. If you are looking to heal matters of the heart, then these are the cards for you. The Love Pack helps you to peel back layers of resistance and grief to reveal what could be sabotaging your efforts to find true love. They are cards that will often take you to the core of the problem, maybe one you are not yet ready or willing to look at. Be patient with yourself when using these cards. While sometimes the messages can be challenging, it is always worthwhile going on the journey to heal those deep hurts and rifts in our hearts created by past relationships.



Chuck is an insightful man who compassionately holds your hand through out these interpretations. He is an amazing wordsmith as well as a great healer. At the end of the book he gives a range of spreads that include ancestral readings and karma and gift readings. He just doesn't stop at the glossy surface of love. He is here to take us on a journey to heal our love karma.

## Book Reviews

### CRYSTAL REFLECTIONS 2017 DIARY

Adam Barralet



This beautiful and insightful diary takes you on a yearlong journey of healing and manifestation. Diary users are able to work with a crystal for each seven day cycle and deepen their knowledge of the power of the Southern Hemisphere seasons and their associated festivals. This will help you to develop a greater connection to the earth. Each star sign is explained with crystals attributed to different elements of the signs. Barralet sheds light on important planetary alignments for your particular sun sign and offers nurturing and grounded advice.

Adam's seven day crystal cycle can help you to gain the most from 2017. He has consciously drawn on his high level of knowledge to make the right choice of crystal for that particular time of year, any associated festivals and the moon cycle. Most of the crystals are easily obtained. The occasional rare crystal is included to help expand people's knowledge and there is the offer of a substitute crystal at the back of the book.

Previous users of this diary will notice some interesting changes this year, which include the addition of romantic styles of each sign, the core soul mission for this incarnation and the sun sign's guardian angel. Adam gives the reader space to contemplate changes in themselves and the world around them. He provides questions to help you along the path of self-discovery. This diary is a great tool and support to anyone who is interested in all things spiritual.

### MOONCHILD

Melanie Ockwell

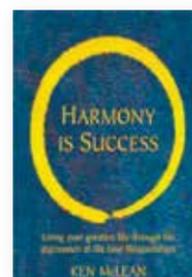


Melanie takes the reader with her as she discovers important insights that lead to her eventual diagnosis in her late 30's of having Asperger's Syndrome. This book gives the reader an understanding of what it is like growing up with Asperger's Syndrome and identifying yourself with being an Indigo child. Ockwell feels this syndrome has hampered her social interactions and increased her sensitivity to the world. She generously lets us into her life where she humbly shares her triumphs and setbacks. Melanie lets the reader see life from her perspective and how she feels

that Asperger's is not a disability. It is just a normal way of life for her. Her incredible sensitivity allows her to feel the energy in a room, know when people are not being truthful and her intuition has prevented her from major harm. Although there were times when she ignored her intuition and her guardian angel helped out. This was also part of her journey in understanding who she is in this lifetime. This is a great book for anyone who is a sensitive soul, a teacher, a parent or if you know a person with Asperger's syndrome or who has sensitivity issues.

### HARMONY IS SUCCESS

Ken McLean



Living your greatest life through the expression of the Four Relationships

Human life is based on the harmonious balance between four interconnected relationships, which, when practiced consciously, result in greater personal fulfilment, success and the powerful and free expression of our deepest Self.

This is the premise behind renowned holistic practitioner Ken McLean's new book, Harmony is Success In the book, Ken, founder of the popular Shin Sen Dojo, draws upon decades of experience and studies, and outlines the importance of balancing the four relationships so you can live your greatest life through their expression.

The four relationships; Harmony with Self, Harmony in Relationship, Harmony with Nature & Harmony with the Universe – together provide vital connectivity to achieve true authentic oneness and being. Filled with practical exercises, meditations, charts, and examples, Harmony is Success shows readers how to live a life of deeper meaning and happiness.

# Crystals - Key to Advancement and Evolution is Love



BY ADAM BARRALET

“inclusion doesn't mean building communities of like-minded people.”

In the past 24 hours I've seen a lot of anger, frustration and upset with the outcome of the US elections. People have wondered, "How could be so many people be so stupid?" In fact, it is that attitude that has got us to where we are at this time. Much of the American people were angry, frustrated and upset and in response elected Donald Trump as their 45th President. His voters feel the same as you are feeling, so who are we to condone them?

Prior to 2000, several new and powerful crystals unveiled themselves to the spiritual community, including three I strongly resonate with; Lemurian Seed Crystal, Quantum Quattro and Super Quartzes. Consider the lessons of these crystals and ask yourself, am I being the change in the world that these crystals promote?

Quantum Quattro is a powerful emotional healer. In the New Age community individuals can be selfish. We go from chakra balancing workshop to healing your past life to nurturing your inner child...all concerned with one's self. I am not saying this is not important but that we now live in a world with challenges larger than that of one person. We can't afford to spend years dealing with the issue of your mother

not loving you because meanwhile the world is crumbling around us. Quantum Quattro speeds up your healing, bringing emotional liberation from the past in turn granting you the ability to step up and contribute significantly to the world.

Super Quartzes such as Super 7 and Auralite 23 are made up of various crystals all growing together such as Amethyst, Clear Quartz, Smokey Quartz, Rutile, Cacozenite and so on. These are crystals of inclusion, not isolation. Anyone who has worked with a Super Quartz will have experienced the mighty power that comes from crystals of difference working together. Inclusion doesn't mean building communities of like-minded people. If all you have is Amethyst, then you can only achieve what Amethyst can do. Immensely greater power comes from crystals, individuals, groups of different qualities working in harmony and Super Quartzes encourage us Earth Workers to embrace those with the opposite views and learn what we can from them as united we stand, divided we fall.

Finally Lemurian Seed Crystals were Quartz points left for humanity to find at a vital time....now. The Lemurians are an ancient civilisation that believed in working with nature, honouring diversity and most importantly the importance

of community. They saw that the Earth and all its inhabitants is one large macrocosmic organism, and what is done to one, affects all. The Lemurians taught that the key to advancement and evolution is love, not a conditional love to be shared with just those near to you, but rather each person upon the Earth must learn to love everyone simply for who they are.

The Lemurian Seed Crystals hold the knowledge that in order to advance, no one must get left behind and this outcome of this election was a warning that as some of us reach towards high vibrations, dimensions and realms, more and more people are feeling lonely, unheard and neglected. The crystals were whispering this and because we did not hear them, now the message must be louder in order for us to hear.

Gone is the time for you to surround yourself with like-minded individuals and create circles of bliss. This bliss must be shared with everyone in the world, rather than the elite few. Inspire your brothers and sisters to reach out to those that are lost and offer them your hand and your heart, for they are not different from you. In fact, just they're the same....angry, frustrated and upset with how the world has become.

## WIN a Summer Reading Pack

No summer would be complete without some books to enlighten and inspire you. We are giving away a set of 3 books. Here's what you can win.



If you would like to win this book pack, simply email the Editor and tell us which book you would like to read most! And why. The winner will be announced in the March / April 2017 issue.

Winner of the November/December 2016 competition was **Kevin Tims**. Congratulations Kevin from the team at An Alternative Voice and happy reading.

### THE FALL AND RISE OF WOMEN

Author: **Winfried Sedhoff**

Dr Winfried Sedhoff's *The Fall and Rise of Women* tells the story of women the world over, struggling to find fulfilling, balanced, and lastingly satisfying lives. Unrealistic expectations are thrust upon them to be mothers, workers, parents, and carers all at once. Being all things to all people has left women battling to know who they are, and what it's like to be their true selves.

The book charts the downfall and denigration of women leading to dysfunctional families. Beyond the family unit, communities fragment and fall apart; leading to wars, extremes of wealth and poverty, mass starvation, and destruction of the natural world on an unprecedented scale.

But it doesn't have to be this way. Dr Sedhoff shows that in some cultures - such as the Cherokee and Iroquois Nations of the United States - to be a woman was to be revered, as nature intended. Ancient wisdoms, and the ways of nature, can help us find a path for a society that is struggling to find

its way.

This book's message is overwhelmingly positive and life affirming. As a woman you can enhance your tolerance, compassion, caring, and wisdom. You can master your pains and fears so future generations not only avoid such unnecessary hardships, but become more authentic, and live more fulfilling lives, and ultimately transform the world.

### UNLEASH YOUR CREATIVE OPULENCE - ARCHITECTING THE NEW RENAISSANCE

Author: **Priscilla Ngaq**

Life is a journey of self-discovery, and today-right now-there is a new renaissance of creativity that can help you discover your limitless creative potential. We are now in a period-a creative golden age-where a renaissance of creative fire has caused many to revolutionise their creations and reconnect with the divine. By taking your own journey into the inner self and by expanding your creative consciousness, you too can transform the current status quo by unleashing new creative works.

*Unleash Your Creative Opulence: Architecting the New Renaissance* explores this new era in creativity and challenges you to live your dreams and expand your creativity into new areas of life. Your journey is unique to you, and the unveiling of your divine talents and gifts is also unique to you! With boldness and courage, you can open yourself up to your limitlessness and understand this new era in causal creativity-which promotes collaboration not competition, renewal not wastefulness,

philanthropy not greed, and construction not destruction.

To understand this creativity is to be in alignment and in harmony with the divine, and with this understanding you can help uplift humanity towards oneness. Now is the time to unleash your creativity, as in this new age we are all the chosen ones-the magical architects of our new world!

### JOURNEY TO THE CENTER OF THE MIRTH

How to find, develop, and use humor

This book teaches you how to find, develop, and use humor. This mini humor handbook is a brief, practical guide to getting more humor into your life. Use humor as a strategy for living. It will ensure that you can enjoy its benefits. Notice more humor in the same situations of your life. And learn to create your own humor. There is also a section for presenters - speakers, trainers, lecturers, teachers and anyone who not only wants to find or create humor, but develop and use it in formal presentations. This book looks at how to maximize its effectiveness, and is especially suitable for those who enjoy getting some practical advice from a very quick read. Also included is a little background and research information on the subject, to gain some understanding of what is going on when we experience humor. Whether you just want to expand your own humor experience, or learn more about communicating with humor, enjoy the ride - a journey to the center of the mirth. Nothing can keep you down, if you let humor lift you up.

## HOW TO GIVE A FUTURE READING FOR YOURSELF - THREE MONTHS IN ADVANCE

Jackie Angel of Light | Healing Spheres | 0412 612 608

[www.healingspheres.com.au](http://www.healingspheres.com.au)

Jackie is available for skype, phone or face to face readings.



I have used the Archangel Power Tarot Card Deck designed by Doreen Virtue & Radleigh Valentine for this month's issue.

When shuffling the cards ask what is your likely

outcome for the first three months

of 2017. Shuffle until it feels right to stop. You will know. The timing is always perfect. Choose three cards from wherever in the deck placing the first card for January on the left, the second in the middle for February and the third on the right for March.

I pay attention to the title, colour, number and picture of the card for each month. Discover what the number means to you. For example the number 11 on the first card is number 2 (1 + 1 = 2). The number 2 symbolises the union of peace between different entities. The colour purple signifies spirituality. So what does that mean for you in January? When you look at the picture does it bring feelings of joy or sadness? When I read the card I see that the strength of God that we have gained from previous year's challenges will keep us strong and confident in January. I see a peaceful, happy outcome with the strength to pursue new goals in 2017.

The second card for February is the Angel Number of 6. Number six refers to materialism, finances, or earthly worries. Six is a reminder for us to set intentions upon more spiritual sights rather than worrying about material needs. It is a message to return to the path of Love and prompts us to focus on what is most important to us and to listen to our heart.

And finally the card for March is the Angel Number 4 together with the colour Green representing Archangel Raphael. The picture of the little girl on the card represents our Inner Child. This is a time to connect within and recognize our talents and gifts as well as to invoke the Angels to assist us to achieve our new goals and dreams for 2017 and sticking to our plan. The water on the card represents emotions and is a sign to be aware of our fears that will likely test us. The Child within loves to play and this is a time to plan, develop and believe in ourselves.

Let the picture on the cards reveal a story to your current situation. Ask your Angels "what does this mean to me?" When relaxed the answers come from within. Trust and have faith in your own ability and intuition.

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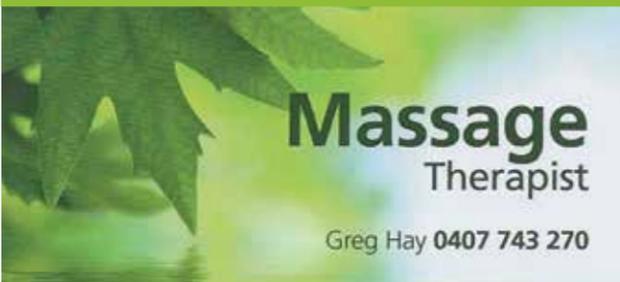


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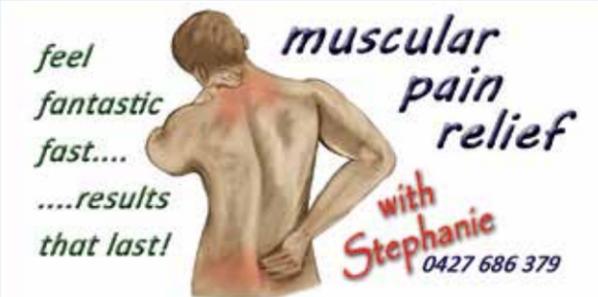


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# Harmonising Yin and Yang to Realise Your Greatest Self



By Ken McLean

Sydney-based Ken McLean is the author of *Harmony is Success* (Short Stop Press \$29.99) and founder of Shin Sen Dojo, a holistic centre for the development of body, mind, and spirit.

Visit <http://shortstopress.com/self-help/harmony-is-success>

“ So there is the state of balance that leads to great health. There is the middle place where harmony occurs. ”

Yin and Yang are everywhere. The Oneness of the Universe expresses through these two opposite qualities - harmony is the art of balance. Yang is a contracting, hardening, tightening energy. The word to describe this is centripetal like a spiralling in motion. Whereas Yin is an expanding, softening, weakening force – a centrifugal spiralling out motion. All things are Yang at the centre and Yin on the periphery.

All motion is moving from Yang to Yin and from Yin to Yang. Everything is moving and changing but follow this pattern. In the body, the heart is continually contracting and expanding in it pumping motion from yang to yin and back again endlessly – without taking a day off. If there is too much contracting motion and it can't release fully, anxiety and high blood pressure arise. Conversely if the releasing expanding motion is too emphasized and it lacks contracting power often low blood pressure occurs.

So there is the state of balance that leads to great health. There is the middle place where harmony occurs. In the body there is this continuously balance motion between opposite systems. For example red and white blood cells, acid and alkalinity, hot and cold and so on.

On the physical, biological and cellular level this balance is created and supported by what we eat – our daily diet. If we eat too many Yang contracting foods then imbalance occurs in our body and organs. This then also effects our emotional and mental health. Yang foods include salt, eggs, red meat, chicken and hard cheeses. A Yang condition in the body manifests as tension, stiffness, anger and frustration.

A yin condition on the other hand is where we feel tired, weak, confused, overwhelmed and depressed. Yin foods that influence that state are too many fruits, tropical

foods, spices, alcohol, soft drink, sugar, processed foods and drugs.

Yin attracts yang and yang attracts yin. A great metaphor for seeking balance is the see-saw. When you run up one end of a see saw, it tips and hits the ground. To bring it to the middle position you have to run up the other end. However continuous running up to each end creates an extreme up and down movement. It's better to balance in the centre where there is less dramatic movement. So too with our diet and life by having less dynamic and dramatic swings in the movement of Yin and Yang, in the high or lows, our body and energy are conserved.

Recently people have been talking about the flow state or being in the zone. When our spirit and body unify, this state of flow occurs and we perform at a much higher level. Often people will fall into this state occasionally doing something they love or are good at. However there are ways to cultivate and bring this state out anytime and anywhere. One of the practices to help this occur is called Centering.

Centering is a practice of unifying and connecting to our spirit and then keeping that unified state in all our actions. This results in being more effective in a more effortless way. It enables us to tap into our deeper energy called Ki (Chi) in Japanese.

We can support the harmonising of Yin and Yang in many ways. Through what we eat, through what we choose to give power to, through connecting and the management of our Ki and several other ways. Ultimately this practice leads us to realise our goals in a more effortless way.

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Phone: (03) 9500 8220

Email: [lesley@sacredmist.com.au](mailto:lesley@sacredmist.com.au)  
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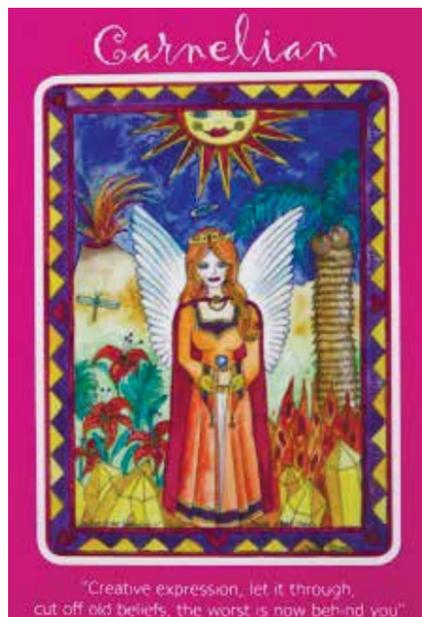
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# Meditation Corner with Michelle Kingston



**MICHELE KINGSTON**  
[WWW.DIVINELIGHTCENTRE.COM](http://WWW.DIVINELIGHTCENTRE.COM)  
EM: [COSMICANGEL@BIGPOND.COM](mailto:COSMICANGEL@BIGPOND.COM)  
FB: DIVINE LIGHT CENTRE  
0409 406 446

Blessings from the Carnelian Crystal Guardian, "Ka Maya", Keeper of the "Fire Crystals" Order of The Ruby Robe, the Tiger Lily flower & Carnelian essence and is from the Sapphire Crystal city in the Middle Earth named Keru Vai.

Welcome to our meditation activation and we bring a transforming crystal, one from the Agate family, the beautiful and powerful Carnelian. This crystal will transform any unwanted aspects, connections and lingering old cells from your being in just a short time. So go and find one as everyone needs one of these during this fast ascension period that we and the planet are going through.

Find a nice quiet place to relax, unwind and visualize the pixilated symbols and codes bought to you now through imagery by Ka Maya, as we call her forth as well as always your Guardian Angel or spirit guide, door keeper and protector of light. Begin to see yourself sitting in a golden chair embossed in fire light sun crystals in all tones of Carnelian star Amber. See a robe of ruby velvet being draped around you for healing of all your family wounds and ties, these ties go back 7 generations and forward 7 generations, as any broken cords now mend if you choose with the golden light. Old debris which bind us now release, also quarrelling imprints and disharmonious energies now heal, clear and repair as you see yourself sitting in the most beautiful Ruby and Golden temple with Emerald dragonfly jewels carved and placed around the pillars.

A carnelian domed ceiling emanates the beautiful sunset orange light which downloads a transference of inner love fire crystals which quicken through you on a cellular level, you feel a great aliveness about you as you breathe deeply 3 times. This fire healing removes all allergies, colds, flus, bugs, gallstones, parasites, even cancerous cells as it moves through you like a Phoenix rising. Your mind is powerful and all your creations stem from your visualizations as we were all created in the image of our creator. You too are a magnificent creator! Imagine yourself healed, well and divinely empowered as your Ruby robe now changes to the wings of a Phoenix bird, symbolizing that transformation has occurred and you've transcended. Well done! Your Phoenix wings now turn blue as they cool you down, a most soothing sapphire colour that opens and enhances your creative third eye. Your blood and bloodline has been purified by the Carnelian Fire Agate.

As we do these amazing transformations to ourselves, the planet also will adapt as we work together on the path of ascension, so we see now a big volcano in the sacred Islands of Hawaii releasing all this debris from the consciousness of humanity as it spurts fire out and across the sea, harming no one but in actual awe and beauty as she lets go of all tension and trauma for us, all her children of the Light. We dance and embrace life.

**Mahalo Blessings**  
**KyMaya and Michele Kingston**  
[www.divinelightcentre.com](http://www.divinelightcentre.com) 0409406446

## Learn Astrology with Maureen

### Lesson 7: The Inner Planets and their influences in your birth chart.

The Sun, Moon, Mercury, Venus and Mars are the inner planets. The Sun and the Moon are technically not planets but in astrology they are classified as planets.

#### The Sun –

As the central, life giving force of our solar system. The Sun naturally plays an important role in what you are like, describing the nature of your individual approach to life itself. When you ask someone what their sign is, the answer will be their Sun sign. But as you probably can see by now your Sun sign is only the defining. It characterizes your send or purpose, creativity, will power, and how you develop consciousness, as well as beings to answer the question, "Who am I?" But there's a whole lot more to your than your senses of self and purpose.

#### The Moon –

The Moon is the third part of what could be called the most important triangle of astrology: the combination of the Sun sign, ascendant, and the Moon sign. Mother Moon, the body closest to earth in the sky, represents what could be called your feminine side, and in fact, the Moon has four primary phases, each one representing a different aspect of the feminine nature. The Moon's phases consist of the new Moon, waxing Moon

(first quarter), full Moon, and waning Moon (third quarter). But there are also dark moons and blue moons to consider.

- The early crescent Moon is the young maiden – also represented by Taurus – and its corresponding myth is Diana the Hunter with her with her bow. This Moon enjoys all the possibilities before her.
- The Waxing Moon represents a young woman just ready to flower, including the mythical Persephone, who's spirited away by Hades at the height of her beauty because he can't resist it.
- Then there's the Full Moon, the mother pregnant and fully pregnant with her baby, who gives birth. This Moon is associated with Cancer and the fertility goddess.
- Next there's the waning third quarter Moon, associated with Virgo, the earth Goddess, who is responsible for the harvest. This Moon represents the mature woman who must release her child (like Demeter and her daughter, Persephone, or Mary and Christ) so the child can fulfil his destiny.
- The dark Moon is associated with the old

crone, the wise woman. This is also Scorpio or Hecate, who has knowledge of healing and other ancient wisdom and who mourns for the loss of her child.

#### Mercury

– Mercury is in charge of thinking and communications – it's what we know and how we know it. As the planet closest to the Sun, Mercury is fast, it's hot, and it's small – small but mighty: that is. Here is where you'll find all the faculties of the mind: logic and reason, intelligence and education. Mercury's tool is language, and its method is transmittal. Portrayed as the wing man in Greek mythology, Mercury is called Hermes and was the messenger of the gods. Mercury influences all things connect with communication: faxes, phones, email, letters, computers, etc: When Mercury goes retrograde it can have an enormous effect of anything connected with communication. It's no coincidence that Mercury's corresponding sign is Gemini. The sign your Mercury is in describes your mental nature, how you think and how you communicate.

**Next issue we will feature Venus and Mars**

# WHAT'S IN THE STARS FOR YOU JANUARY - FEBRUARY 2017 WITH KERRY GALEA

## ARIES

20 March – 19 April



It's time to flap those wings and prepare for takeoff. The door is open, there are no more self-imposed locks, and you have support from the people that matter the most. Those that don't support; don't matter, especially those that think they have authority. Loved ones may feel challenged later in the season.

## TAURUS

20 April – 20 May



Duty is being piled up and it seems like everybody is lining up for the privilege of being taken under your wing. Decide what you would prefer to be doing. For your own health's sake... see the big picture and reduce some of your responsibilities. Past family issues will eventually need attention.

## GEMINI

21 May – 20 June



You have no energy for any work and the simple solution is not to do any! Is that practical? No...but you do have loads of energy for being creative and this brings restlessness. You can either go for a holiday (or escape) or gain knowledge, either by your own study, or by seeking advice.

Kerry Galea Astrology, Palmistry and Ancient Moon Gardening

Email: [kerry@kerrygalea.com.au](mailto:kerry@kerrygalea.com.au) Web: [www.kerrygalea.com](http://www.kerrygalea.com) Web: [www.ancientmoongardening.com](http://www.ancientmoongardening.com)

## CANCER

21 June – 22 July



The way people see you is changing and your role is being revised. Are you letting them decide who you are, or are you choosing for yourself? Speak up and ask (or apply) for what you want. Home and family "stuff" bring tensions normally unspoken, and perhaps involving family secrets, to the surface.

## LEO

23 July – 22 August



This is an amazing learning time with your brain literally expanding and open to new ideas and realizations. Use it... or it will keep you awake at nights with restlessness! Use the creativity as its supplied, for it will soon stop and practical, more dutybound, needs take over. Rejuvenate your batteries.

## VIRGO

23 August – 22 September



A major responsibility is your health and it's time to start a new healthy lifestyle, or get rid of a bad habit. Emotional health is just as important, so seek inner balance and grounding. Your partner and loved ones are paralyzed into inaction, and if pushed, could become tense or irate.

## LIBRA

23 September – 22 October



The urge to take relationships to a new level, to escape with your loved one and to seek adventure is strong. If they don't want to be involved, then you will find out where they stand. Your family roots, as well as the actual home you live in, needs to be repaired.

## SCORPIO

23 October – 21 November



Being in the moment, giving gratitude and saying thank you are simple acts that lead to awesome awakenings. Seek places that help create the higher connection and remember that enough is enough. A king can bemoan a lack of money and a beggar can celebrate abundance. It's all in the perspective one takes.

## SAGITTARIUS

22 November – 21 December



The world is more than home, work and family. Do your connections to community, to groups of people, to clubs or networks, satisfy you? Decide and make them or break them. Soon it's time for hard decisions about the future. Have you decided to hold? Or to let go?

## CAPRICORN

22 December – 19 January



Now is the time to make changes in the role you do, so expect confusion! Yes, this will change things around the home and may involve a move of heart, if not location. Deliberate at length, for hasty decisions will cost dearly and can result in heightened friction with family members.

## AQUARIUS

20 January – 18 February



There is something about a revelation that... well... reveals! Make clear decisions about what want to do with this knowledge. Tensions will rise and may deplete energy, but look inward and choose to be greater than you were. This is the season to grow in self-understanding and self-knowledge.

## PISCES

19 February – 20 March



This season is about your personal resources, finances and the sense of abundance. Refrain from making quick, potentially wasteful, decisions with money. Instead start a budget. Do you trust in your own abilities? If so it's a perfect time to start something new, or to begin a plan or project.



# Readings with Rene and Maureen

## Medium Rene Barics is the founder of Psychic Agency Australia™.



Rene is a Cert IV Trainer, Assessor and Educator LLN Component. She is nationally known for being the 2013 Psychic of The Year (VIC). As seen on TV with Psychic TV and ESOTV, Rene has also been on radio with 97.7fm and 98.7fm,

as well as featuring in magazines such as That's Life and New Idea. Rene exhibits in all the Mind Body Spirit Festivals across Australia, Body Mind & Psychic Expos in Adelaide, Festival of Dreams in Sydney, along with Psychic Wellbeing Expos in Victoria. Rene is a stage presenter in Proof of Survival across Australia, as well as a teacher in psychic, mediumship, metaphysical and a reiki master practitioner trainer.

## Maureen Barrass is a 3rd generation psychic medium and clairvoyant.



She is a Clinical Hypnotherapist, Counsellor, Astrologer and Spiritual Healer. She teaches Metaphysics and Psychic Development Classes weekly, teaching others how to use and develop their own psychic

abilities. She has been reading tarot for over 30 years. Her readings are based on the Astrological wheel of Life spread that gives clients opportunity to have their questions answered and to gain connection with spirit.

### Question - Mandy

*My ex-partner has recently died and I feel him around me all the time will this stop?*

### Answer - Rene

When a person dies the people their connected to will feel the presence at different times. I feel this man is wanting forgiveness and asking you to let go of your anguish. I feel there has to be a conclusion for you so that you can move on with your life. When this forgiveness occurs with yourself the energy will not be as intense.

### Question - Louise

*I often smell a strange presence in my house and it definitely moves in the house?*

### Answer - Rene

Louise the smell is from an older lady that is connected to the property. I feel this property needs to have a clearing. I would also recommend that you place lemons in bowls of hot water in each corner of the dwelling. I would also recommend lavender in the house. This starts to purify emotional impressions that are still placed by earth bound attachments.

### Question - Katrina

*My psychic awareness has opened up to quickly what can I do?*

### Answer - Rene

The first step is to ground yourself with Mother Nature by spending time in nature.

Meditating with a visualisation of tree roots entering your feet and going upward to all your chakras. Buying a ruby red crystal to carry and pyrite. I recommend not to do any kundalini exercises until you feel grounded and that your logical side is working in day to day life.

### Question - Carole

*I am feeling as if I have someone around me constantly,*

*trying to connect with me and I am not sure if this is my imagination what. Whoever it is they are quite persisting as they are bothering me with their actions and I am feeling very scared. What shall I do?*

### Answer - Maureen

When a person is trying to connect it can be pretty daunting if you don't know what it all about and it can be quite frightening. However if you wish them to stop tell them that you want them to leave you alone. Remember you are in charge and you can end this at any time. If you wish to get a better understand of what is happening I would suggest you find a teacher who can show you how to develop your skills.

### Question - Lidia

*I feel as if I never have time to do the things that I want to do. Family and friend seem to be so demanding of my time and I find it hard to say no to their requests.*

### Answer - Maureen

Lidia, it seems to me like you have taken on the role of the martyr by bowing to other people's needs at the expense of your own. When you meet other people's needs you are empowering them but disempowering yourself. It's time to honour yourself, take back your power and learn to say "thank you, but no thank you". When you do this you are honouring yourself and then you begin to walk your talk. Time to take your life back.

**Have a Question? Looking for help, advice, clarity or guidance? Then send us your question and we will give an answer in the next issue.**

**Go to [www.altenativevoice.com.au](http://www.altenativevoice.com.au) and click on contact us and register your question. All correspondence is treated in the strictest confidence**

# ALTERNATIVE DIRECTORY

## ARCHITECTURE & BUILDING

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## ASTROLOGY

### Astrology Consultations

Sara Gilbert, FAA Diploma. Call: 0412 235 935 or visit [www.lifespiritconnections.com.au](http://www.lifespiritconnections.com.au)

New workshops and courses commencing soon.

### Learn Basic Astrology – 10 week Course

In this course you will learn the basic of astrology. You will gain an understanding of a Birth Chart, the meanings of the Planets and Luminaries, the Lunar Nodes, the Zodiac Signs, the Houses and how all of this is brought together in a birth chart. Commencing: Saturday 18th February 2017 10am – 12.30pm. Cost \$40 per class. Contact: Maureen 0411 260 339

## CLASSES, COACHING & WORKSHOPS

### Spiritual Guide & Angel Drawing Workshop

Learn to draw your own angel & spirit guides with Maureen. Saturday 11th February 12.30pm till 4.30pm \$50. For more information call: 9500 8220.

### Learn how to do an Archetype Reading - Workshop

Discover the Archetypes or patterns that you or your clients have currently running in your lives. Find out what you can do to change and clear these patterns so you can heal yourself. Based on the teaching of Dr Caroline Myss. Two day workshop will commencing February 2017 (date to be confirmed). Course notes & cards provided. For more information call Maureen: 0411 260 339.

### Learn to Read Tarot – 10 week Course

Commencing Saturday Saturday 18th February 2017 10.30 am till 12.30 pm. In this course you will learn to read the tarot cards intuitively and understand the meaning through the symbolic language that connect you with your high self and guides. Workbook and notes provided. Cost \$50 per class. Enquires call Maureen 0411 260 339

### Learn Basic Astrology – 10 week Course

In this course you will learn the basic of astrology. You will gain an understanding of a Birth Chart, the meanings of the Planets and Luminaries, the Lunar Nodes, the Zodiac Signs, the Houses and how all of this is brought together in a birth chart. Commencing: Saturday 18th February 2017 10am – 12.30pm. Cost \$40 per class. Contact: Maureen 0411 260 339

### Crystal Healing Workshop – Saturday 18th February 2017 10.30am till 4pm

An introduction to crystals with Lesley Williams. This workshop is an introduction to crystals and their many uses. It will suit anyone who is interested in learning about crystals, how they work and how to use them in your everyday life. This is a hands on workshop where you get to play with crystals, give and receive a healing utilizing different crystal lay-outs. Join Lesley for an informative, relaxing and inspiring day.

Cost \$95 starting at 10.30am till 4pm for bookings call 9500 8220 or visit [www.sacredmist.com.au](http://www.sacredmist.com.au)

### Bio- Etheric Healing Certificate Course – Level One Saturday 31st January 2017

'A breakthrough in Alternative Therapies'. This is a one day workshop level, teaching this innovative method of Alternative

Healing. Learn the techniques and applications of Bio-Etheric Healing and how to harness the healing powers of the Etheric Body. See how you can determine the role of Karma and Past Life traumas in ailments and how to overcome their negative effects. Learn how to guide the Etheric Body to help heal a wide range of illnesses. Date: Saturday 28th January 2017 Time: 10am till 4pm Cost: \$250. Early bird price is \$199 if paid before the 31st January 2017. Bookings: 0411 260 339

### Life Coaching

Improve your life balance & wellbeing through tarot & numerology self-knowledge. New classes and courses commencing soon. Call Sara: 0412 235 935 or visit [www.lifespiritconnections.com.au](http://www.lifespiritconnections.com.au)

### Learn Basic Astrology – 10 week Course 2017

In this course you will learn the basic of astrology. You will gain an understanding of a Birth Chart, the meanings of the Planets and Luminaries, the Lunar Nodes, the Zodiac Signs, the Houses and how all of this is brought together in a birth chart. Commencing Saturday 18th February 2017 2pm till 4pm. Cost \$40 per class. Call: Maureen 0411 260 339

### The Avatar® Course

An individual integration process. For further information call Lin: 0407 495 392.

### Your Intuitive Body - 6 week Course with Inna Segal – Commencing 27th February 2017

Are you ready to wake your body up, re-energize it, release unhealthy thought patterns in minutes, reprogram your nervous system and discover keys to have wonderful health and stress free life? Inna Segal the award winning author of 'The Secret Language of Your Body', will show you a step by step process for tuning into your body, asking the right questions and receiving answers which could be crucial to your own self-healing.

This is a 6 week course commencing Monday evening from 27th February till 3rd April 2017 6pm till 9.30pm Cost: Early bird \$1,195 to be paid in full by 15th January. Regular investment: \$1395 to be paid in full no later than the first class. Bookings: Please connect Dianne via email [dianne@innasegal.com](mailto:dianne@innasegal.com) or to book on line head to [www.innasegal.com/events/](http://www.innasegal.com/events/) Payment plan options are available. Please contact Dianne for further information.

### Create Your Own Mandala Workshop –

Create your own healing Mandala or Wheel of life with Lesley Williams. No experience necessary just a willingness to create. Saturday 4th March 1.30pm till 4.30pm Cost: \$50. For further information & bookings call: 9500 8220 or visit: [www.sacredmist.com.au](http://www.sacredmist.com.au)

### Learn Numerology Beginners & Advanced with Max Coppa

Be taught by the master of palmistry and numerology. Max will be teaching a Beginners Class on Saturday 25th March Cost \$225 and an Advanced Class Cost: Sunday 26th March cost \$ 275 10am – 4.30pm daily.

For bookings contact Tel: 0415 619 524 or visit [www.maxcoppa.com](http://www.maxcoppa.com)

## COUNSELLING

### Holistic Counseling & Hypnotherapy

Clinical Hypnotherapy & Past life Regression with Maureen Barrass. Transform your relationships; learn to deal with fears, phobias, and self-esteem & self-worth issues. Gain confidence, lose weight & smoking cessation. For further information or to make an appointment please call: 0411 260 339.

## EVENTS / FESTIVALS

### Psychic & Wellbeing Expo – Rosebud

Sunday 8th January 2017, 10am – 5pm. Up to 40 exhibitors. Mediums on stage & free workshops. At the Rosebud Memorial Hall, 994 Point Nepean Road, Rosebud. \$10 entry Kids 12 & under Free. Early Bird Special ½ price entry from 10am till 11am. For further information call: 9500 8220 or 0411 260 339. Exhibitor enquiries welcomed.

### Psychic & Wellbeing Expo – Inverloch

Saturday 14th January 2017 10am – 5pm. Up to 45 exhibitors. Mediums on stage & free workshops. At the Inverloch Community Hub, 16 A'Beckett Street. Inverloch. \$5 Entry Kids 12 and under free. For further information call: 9500 8220 or 0411 260 339. Exhibitor enquiries welcomed.

### Psychic & Wellbeing Expo – Wantirna

Sunday 19th February 2017, 10am – 5pm. Up to 40 exhibitors. Mediums on stage & free workshops. At the Hungarian Community Centre, 760 Boronia Road. Wantirna. \$10 entry Kids 12 & under Free. Early Bird Special ½ price entry from 10am till 11am. For further information call: 9500 8220 or 0411 260 339. Exhibitor enquiries welcomed.

## HEALING

### Shamanic & Spiritual Healings - with Savannah

I have practiced Spiritual Healing for over 10 years and was taught the art of the Shaman by a very Spiritual Cherokee Indian. I use the ancient methods with the sound and vibration of the drum, smudge stick and healing wand. I was taught the wisdom and knowledge behind this ancient healing modality and I use this in combination with my connection to Spirit who are always present to help, guide and direct me during a healing Session with my clients. Appointments only Call: 0431 099 779

### Bio- Etheric Healing Certificate Course – Level One

'A breakthrough in Alternative Therapies'. This is a one day workshop level one, teaching this innovative method of Alternative Healing. Learn the techniques and applications of Bio-Etheric Healing and how to harness the healing powers of the Etheric Body. See how you can determine the role of Karma and Past Life traumas in ailments and how to overcome their negative effects. Learn how to guide the Etheric Body to help heal a wide range of illnesses. Date: Saturday 28th January 2017 Time: 10am till 4pm Cost: \$250. Early bird price is \$199 if paid before the 31st January 2017. Bookings: 0411 260 339

## MEDIUMSHIP / PSYCHIC DEVELOPMENT / CHANELLING

### 'Expand Your Channel of Guidance'- Channeled Guidance, Healing and Energy Activations.

Thursday 12th January and Thursday 9th February 2017 and 9th March 7.30pm-9.30pm at Sacred Mist- Malvern. During these extraordinary, fast changing times, we are being assisted by many other dimensional Beings. Carole will channel a teaching from 'Galactic Guides' who are collectives of the Sirius, Arcturan and 'Council of 9' frequencies. These Guides are multi-dimensional and see us in the same light. Their unifying message is that we are all part of an infinite 'Galactic Playground'. They offer perspectives on personal and planetary healing and tangible, practical guidance for everyday life. This event will focus on activating our inner knowing and conscious awareness of our multi-dimensional, co-creative nature

and purpose. It will include an interactive Q & A, in which participants can ask questions of the Guides directly. A digital recording will be made available free to all participants. Cost is \$40. Please book in via link [www.carolemkeracher.com/book-now/](http://www.carolemkeracher.com/book-now/) or call Carole on 0411 109 984

## HEALING CENTRES

### Sacred Mist – Wellbeing Centre

Offering a range of holistic healing services. Psychic Tarot readings available daily in-store, phone or skype. Massage, aromatherapy and reiki, healings and meditation. Classes and workshops. Visit us at 67 Glenferrie Road in Malvern, call: 9500 8220 or visit: [www.sacredmist.com.au](http://www.sacredmist.com.au)

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### Past Life Recall - Peninsula Past Life Regression.

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### Past Life Regression & Life between Lives

Maureen Barrass Clinical Hypnotherapist for past life and Life Between Life regression. As taught by Michael Newton. Also Hypnotherapy to deal with trauma, weight Loss, smoking cessation, stress, anxiety etc. For appointments in Malvern ring Maureen Tel: 0411 260 339

### Losing Weight with Hypnotherapy

The Virtual Gastric Band Program through Hypnotherapy is conducted over a 5 week period. To be presented in group sessions at half the regular price to those who are serious about losing weight. Free CD included. New 5 week group sessions commencing on Saturday 22nd January 2017 10.30 – 11.30am. For more information on starting date or enquiries/ Bookings please contact Maureen: 0411 260 339.

## MEDITATION

### Meditation Groups, Courses & Retreats – Mornington Peninsula

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World Service Meditation Group – Dandenong

Join with us at this free, non-denominational Meditation group. Call Louise: 0411 481 516.

### Meditation Group – Malvern

In this hour session you will learn and engage in various meditation techniques which include: mindfulness meditation, guided imagery, yoga nidra, pranayama and experience the harmonic resonance of the crystal singing bowls. Available weekly on Tuesday mornings 10.30am till 11.30am, cost \$20 per class. Contact Kim on 0438 230 035.

### Sunday Meditation Group – Malvern

Join Marisa in these 3 hour sessions every third Sunday of the month. You will learn and engage in various meditation techniques. Every third week – Sunday's 10.00am till 1.00pm, cost \$25 per class. Contact Marisa Tel: or 0430 865 682 or ring 9500 8220 for more information.

## Goddess Circle

Join Jag in her Goddess Circle. Empowering the feminine. Selected Monday evenings. For more information ring Jag on Tel: 0423 080 724

## MEDIUMSHIP / PSYCHIC DEVELOPMENT / CHANELLING

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### Mediumship Classes

Commencing Sunday 16th February 2pm - 4pm in Malvern with Joelle Corbet. Contact Joelle for more information Tel: 0406 256 550

### Greg Riley - Psychic Medium

Hypnotherapist, Psychic/Mediumship, readings & workshops. Readings cover spirit communication & life direction. For further information visit: [www.gregriley.com.au](http://www.gregriley.com.au)

### Psychic Protection

New edition of the Psychic Protection Booklet is now available. Visit: <http://www.aspects.org.au/> for more information.

### Metaphysics & Psychic Development Classes - Malvern

Learn the symbolic language of the universe and open up to the higher vibrational energy of the 12 chakras. This is a closed class - by application only. Small group. Wednesday evenings, 7pm - 9pm. Enquiries call: 0411 260 339.

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## PRODUCTS & SERVICES

### Dyology - Traralgon.

Traralgon's only New Age shop. Call in and see our full range of spiritual gifts, jewelry and clothing. You can find us at Shop 2, 1 Post Office Place. We are open Monday to Saturday six days a week for your convenience. Call: 5174 7576.

### Orgone Effects Australia

For the detection & neutralization of geopathic stress & electromagnetic radiation fields in your home & business. Call Gerard: 0422 533 966.

### Sacred Mist - Wellbeing Centre

Offering a range of holistic healing services. Psychic Tarot readings available daily in-store, phone or skype. Massage, aromatherapy and reiki, healings and meditation. Classes and workshops. Visit us at 67 Glenferrie Road in Malvern, call: 9500 8220 or visit: [www.sacredmist.com.au](http://www.sacredmist.com.au)

## PROFESSIONAL ROOMS

### Professional Rooms & Small Workshop Spaces - Malvern

Therapy rooms & workshop spaces available for hire. Suited to holistic & natural therapists & counselors. Enquiries 9500 8220

### Professional Workshop Venue & Consultation Rooms - Malvern

Large area, seats up to 35 people theatre style. Some weekend bookings still available for 2016. Very competitive rates. Tables, chairs, kitchen facilities & projector included. Two rooms also available to suit smaller groups. Individual consultation rooms available at an hourly rate. For enquiries or bookings call: 9500 8220.

## TAROT / PALMISTRY / NUMEROLOGY

### Karin - Tea Leaf Reader

For appointments call Karin 0414 503 797 email: [teawithkarin@gmail.com](mailto:teawithkarin@gmail.com) website: [www.teawithkarin.com](http://www.teawithkarin.com) Berwick area.

### Astrology Tarot & Numerology

Readings, courses & charts/profiles. Professional member of the Tarot Guild of Australia. Call Sara: 0412 235 935 or visit: [www.lifespirtconnections.com.au](http://www.lifespirtconnections.com.au)

### Psychic Mediumship & Tarot Readings

Maureen is a Psychic Medium & Tarot reader, with over 30 years' experience. She uses the Astrological tarot spread which gives you answers and guidance to questions on relationships, career, home, jobs, children and money. Call for a reading: 0411 260 339

### Psychic Tarot Readings - with Savannah

I used my psychic ability to read into the future and have 12 yrs experience in reading Tarot. My knowledge of the Tarot was taught to me by a Gypsy that taught me the ancient energies connected with fortune telling. I connect with ancient knowledge and wisdom and connection with Spirit to bring through clarity, guidance and direction to my clients. For bookings Call: 0431 099 779

### Tarot Practice Circle

Learn & practice Tarot with Maureen - Malvern Area. First Saturday of each month commencing in February 2017. For further information or bookings call: 9500 8220.

### Learn to Read Tarot - 10 week Course - 2017

Commencing Saturday Saturday 18th February 2017 10.30 am till 12.30 pm. In this course you will learn to read the tarot cards intuitively and understand the meaning through the symbolic language that connect you with your high self and

guides. Workbook and notes provided. Cost \$50 per class. Enquires call Maureen 0411 260 339

### Private Readings with Max Coppa

Max Coppa is Australia's most recognised and trusted expert in palmistry, numerology and dream interpretation with over 35 years' experience. With an extensive background in media, Max has appeared on national television & radio, has contributed to many leading Australian magazines and is the published author of four books. Max writes magazine columns and is a regular guest on Channel 7's The Morning Show. Max's inspiring and practical approach brings palmistry and numerology in to the 21st century and makes it accessible to all. Max has a passion for teaching others and conducts palmistry & numerology workshops worldwide. Max uses a combination of palmistry, numerology, dream interpretation and clairvoyance in all of his readings to ensure you get the most accurate and helpful information, every time. A reading with Max is accurate, specific, empowering and something you will cherish for years to come.

When: Mon 27th, Tue 28th, & Wed 29th March 2017

Where: Sacred Mist, 67 Glenferrie Road, Malvern VIC

Investment: 30mins \$105 / 60mins \$195

Bookings: Book your reading now on 0415 619 524 or visit [www.maxcoppa.com](http://www.maxcoppa.com)

## WORKSHOPS & COURSES

### Awakening to Self-Love Workshop - With Caser Circle Facilitator Tamara Paterson

Saturday 5th February & 25th February 10am till 4pm (two Workshops)

The Divine Feminine Presence workshop will help you reconnect and reclaim the disowned parts of you that are part of your essential nature as a woman. It is time we take responsibility for our own pleasure and sensuality and tap into our true power and wisdom. power. Cost \$145 tamara.patterson11@gmail.com Mobile: 0438 068 018 Bookings Essential

### Bio-Etheric Healing Certificate Course - Level One

'A breakthrough in Alternative Therapies'. This is a one day workshop level, teaching this innovative method of Alternative Healing. Learn the techniques and applications of Bio-Etheric Healing and how to harness the healing powers of the Etheric Body. See how you can determine the role of Karma and Past Life traumas in ailments and how to overcome their negative effects. Learn how to guide the Etheric Body to help heal a wide range of illnesses. Date: Saturday 28th January 2017 Time: 10am till 4pm Cost: \$250. Early bird price is \$199 if paid before the 31st January 2017. Bookings: 0411 260 339

### Learn how to do an Archetype Reading - Workshop

Discover the Archetypes or patterns that you or your clients have currently running in your lives. Find out what you can do to change and clear these patterns so you can heal yourself. Based on the teaching of Dr Caroline Myss. Two day workshop will commencing February 2017 (date to be confirmed). Course notes & cards provided. For more information call Maureen: 0411 260 339.

### Learn Basic Astrology - 10 week Course - 2017

In this course you will learn the basic of astrology. You will gain an understanding of a Birth Chart, the meanings of the Planets and Luminaries, the Lunar Nodes, the Zodiac Signs, the Houses and how all

of this is brought together in a birth chart. Commencing: Saturday 18th February 2017 2pm till 4pm. Cost \$40 per class. Contact: Maureen 0411 260 339

### Learn to Read Tarot - 10 week Course 2017

Commencing Saturday Saturday 18th February 2017 10.30am till 12.30pm. In this course you will learn to read the tarot cards intuitively and understand the meaning through the symbolic language that connect you with your high self and guides. Workbook and notes provided. Cost \$50 per class. Enquires call Maureen 0411 260 339

### Losing Weight with Hypnotherapy - 2017

The Virtual Gastric Band Program through Hypnotherapy is conducted over a 5 week period. To be presented in group sessions at half the regular price to those who are serious about losing weight. Free CD included. New 5 week group sessions commencing in Saturday 22nd January 10.30 till 11.30pm. Bookings please contact Maureen: 0411 260 339.

### Tarot Practice Circle

Maureen Barrass. Learn & practice Tarot. Malvern area. First Saturday of each month commencing in February 2017. For further information & bookings call: 0411 260 339.

### Spiritual Guide & Angel Drawing Workshop

Learn to draw your own angel & spirit guides with Maureen. Saturday 11th February 12.30pm till 4.30pm \$50. For more information call: 9500 8220.

### Create Your Own Mandala Workshop -

Create your own healing Mandala or Wheel of life with Lesley Williams. No experience necessary just a willingness to create. Saturday 4th March 1.0pm till 4.30pm Cost: \$50. For further information & bookings call: 9500 8220 or visit: [www.sacredmist.com.au](http://www.sacredmist.com.au)

### How to Connect with Your Angels

Discover how Angels can offer you comfort and joy. Find miracles and blessings in your life. Experience a technique that heals the mind. Return to Love and inner peace. Heighten your inner senses. Discover the true purpose of your intuition. Know the answers to overcome challenges in life. Know yourself at a deeper level.

Learn how to surrender to get what you want. Understand how the mind really works to attain balance.

Learn how to read in depth for yourself. Experience your Angels presence in a powerful meditation.

Be relaxed. Saturday 1st April 2017 9.30am - 4.30pm in Malvern.

Regular Price - \$247, a 10% deposit is required at time of booking to reserve your place.

Early Bird Price - \$227 if paid in full before February 28, 2017

Contact Jackie on 0412 612 608 or email [shaki@healingspheres.com.au](mailto:shaki@healingspheres.com.au) to register Book early - Limited Spaces available.

### Learn Numerology Beginners & Advanced with Max Coppa

Be taught by the master of palmistry and numerology. Max will be teaching a Beginners Class on Saturday 25th March Cost \$225 and an Advanced Class Cost: Sunday 26th March cost \$ 275 10am - 4.30pm daily.

For bookings contact Tel: 0415 619 524 or visit [www.maxcoppa.com](http://www.maxcoppa.com)



# Psychic & WellBeing Expos

*A Mind, Body, Soul Experience*

EXPO  
DATES

Come and enjoy an inspiring and relaxing day at one of our upcoming expo's.  
Featuring up to 50 exhibitors offering a range of services and products to indulge your senses.  
FREE workshops throughout the day including mediumship demonstrations.

Entry \$10 Adults, Kids under 12 free.

Early bird special ½ price entry between 10am till 11am

Open 10:00am till 5:00pm

## January to June 2017

### Sunday 8th January

Rosebud Memorial Hall  
94 Point Nepean Road  
**Rosebud**

### Saturday 14th January

Inverloch Community Hub  
16 A'Beckett Street  
**Inverloch**

### Sunday 12th February

Berwick Leisure Centre  
79 Manuka Rd  
**Berwick**

### Sunday 19th February

The Hungarian  
Community Centre  
760 Boronia Road  
**Wantirna**

### Sunday 12th March

Cranbourne  
166-178 South Gippsland  
Hwy  
**Cranbourne**

### Sunday 19th March

The West Water Hotel &  
Entertainment Complex &  
Mercure  
10-20 Lake St  
**Caroline Springs**

### Sunday 9th April

Mercure Ballarat Hotel &  
Entertainment Centre  
613 Min Rd Golden Point  
**Ballarat**

### Fri 21st, Sat 22nd, Sun 23rd April

Albert Hall Launceston Tasmania  
47 Tamar St & Cimitero St  
**Launceston**

### Sunday 7th May

Frankston Art Centre  
Crn Young & Davies St  
**Frankston**

### Sunday 21st May

The Kernot Hall  
Crn Princes Drive & Monash  
Way  
**Morwell**

### Sunday 4th June

Pakenham Library Hall  
Crn John & Henry Streets  
**Pakenham**

### Sunday 25th June

The Whitehorse Club  
298-336 Burwood Hwy  
**East Burwood**

**These dates are subject to change, please check our website for any updates.**



info@psychicwellbeingexpo.com.au  
www.sacredmist.com.au 9500-8220

